



THE COMMONWEALTH OF MASSACHUSETTS  
DEPARTMENT OF LABOR  
**DIVISION OF OCCUPATIONAL SAFETY**  
OCCUPATIONAL HYGIENE / INDOOR AIR QUALITY PROGRAM  
[www.mass.gov/dos/iaq](http://www.mass.gov/dos/iaq)

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### MINIMUM HEATING GUIDELINES

Massachusetts General Law Section 113, Chapter 149 requires that adequate heat be provided from October 15 through May 15:

"Every factory, workshop, manufacturing, mechanical and mercantile establishment, railroad freight house, railway express terminal, public garages and premises used by express, trucking and transportation companies, and any other building in which a person is employed, other than a building under construction, shall be well lighted, well ventilated and kept free from unsanitary conditions. The work rooms therein in actual use shall be properly heated during the period from October 15 to May 15, according to reasonable rules and regulations adopted by the Department establishing minimum requirements with reference thereto;"

The following minimum temperatures have been established as guidelines by the Massachusetts Department of Labor and Workforce Development, Division of Occupational Safety.

Factories	60 - 62°
Foundries	50 - 60°
Machine Shops	60 - 62°
Offices	66 - 68°
Public Buildings	60 - 68°
Restaurants	62 - 66°
Schools	66 - 68°
Stores	65°
Theaters	62 - 65°